



Lower Cape – Harwich Walk Information

Thank you for being a part of the Harwich Walk and for helping to raise awareness and funds for all of our services. Your support ensures that we can be there for any family who needs our free support services, programs, and respite. It also provides the caregivers in our region with the support, respite, and training they need to provide the best care possible for the 10,000 individuals living with a dementia.

Start Location:

Brooks Park, Oak Street in Harwich

(Rain location: the gym at the community center on Oak Street)

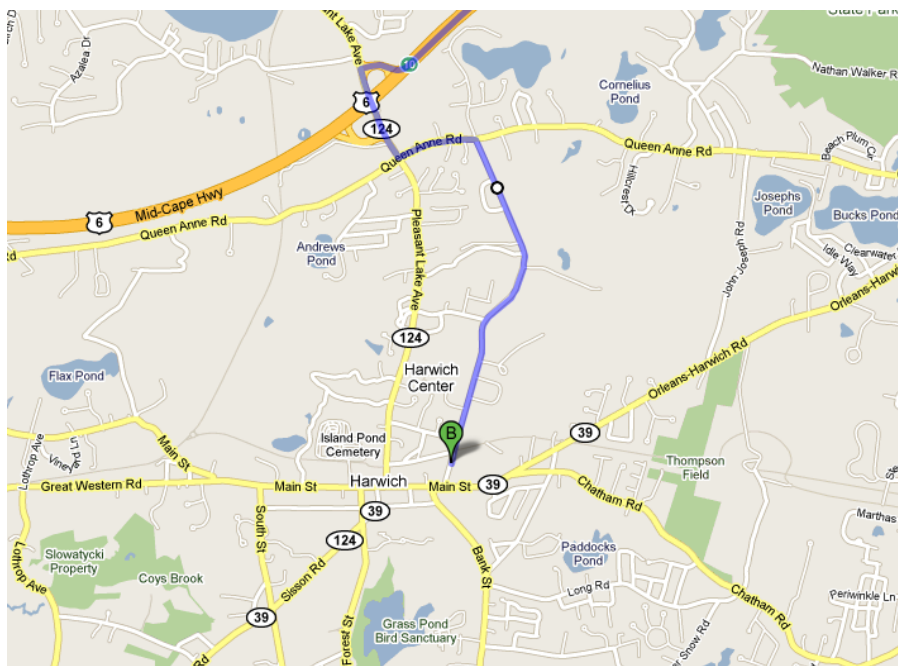
Walk begins at Noon (rain or shine)

Registration Time: 11:00 AM

Approximate distance: 1-3 miles

Directions to the park:

- Take Rt. 6 to Exit 10 (Rt. 124).
- Go south on Rt. 124
- Then turn left at Queen Ann Rd. (the first flashing light)
- After .3 mile, take right onto Oak St.
- Follow Oak St. Approx. 1 Mile after Harwich High School. Field is on left at the end of Oak St.



For more information please call Christy at 508-775-5656