



for Alzheimer's Services of Cape Cod & the Islands

Starting Information & Directions or call 508-775-5656

Sunday, May 16 – Martha's Vineyard

Registration begins at 11:00am at Little Bridge in Oak Bluffs

Walk & Paddle begins at 12:00 – to Big Bridge and back

Sunday, May 16 – Nantucket

Registration begins at 11:00am at the Muse (44 Atlantic Ave.)

Walk begins at 12:00 – to Surfside and back

Sunday, May 23 – Outer Cape in Wellfleet

Registration begins at 11:00am at Wellfleet Town Harbor/Marina

Walk begins at 12:00 (circular route around the Marina and through Wellfleet)

Sunday, May 23 Lower Cape in Harwich

Registration begins at 11:00am at the Gazebo at Brooks Park

Walk begins at 12:00 (on bike path)

Sunday, May 23 – Upper Cape at the Canal

Registration begins at 11:00am at Buzzards Bay Recreation Area

Walk begins at 12:00 (on Canal bike path)

From CAPE COD to the Buzzards Bay Recreation Area:

- Take Mid-Cape (Rt. 6) West over the Sagamore Bridge.
- Exit off Sagamore “Fly-over” onto Rte. 6 West toward the Bourne Bridge.
- Drive along the Canal on Rte. 6 West into the Bourne Bridge Rotary
- Exit off the rotary onto Main Street (just past the Job Lot & Dunkin’ Donuts parking lot (sign says “Main Street / Buzzards Bay”))
- Follow Main Street West for one mile until Buzzards Bay Recreation Area appears on the left, at the foot of the Railroad Bridge.
- The entrance to the parking lot is the last left before the set of lights at Academy Drive for the Mass. Maritime Academy. Look for the gazebo and Victorian “train station” style building that houses the Chamber of Commerce on 70 Main Street.
- Park your car in the big dirt parking Lot. You will see the tent on the Green.

From BOSTON:

- Take Rte. 3 South to fly-over before Sagamore Bridge.
- Exit off Sagamore Fly-over onto Rte. 6 West toward the Bourne Bridge.
- Drive along the Canal on Rte. 6 West into the Bourne Bridge Rotary
- Exit off the rotary onto Main Street (just past the Job Lot & Dunkin' Donuts parking lot (sign says "Main Street / Buzzards Bay"))
- Follow Main Street West for one mile until Buzzards Bay Recreation Area appears on the left, at the foot of the Railroad Bridge.
- The entrance to the parking lot is the last left before the set of lights at Academy Drive for the Mass. Maritime Academy. Look for the gazebo and Victorian "train station" style building that houses the Chamber of Commerce at 70 Main Street.
- Park your car in the big dirt Parking Area. You will see the tents on the Green.

From WORCESTER:

- Take 495 South to 25 East. Take 25 East to Exit 2 (follow signs for Mass Maritime Academy) Drive along the Canal on Rte. 6 West into the Bourne Bridge Rotary
- Exit off the rotary onto Main Street (just past the Job Lot & Dunkin' Donuts parking lot (sign says "Main Street / Buzzards Bay"))
- Follow Main Street West for one mile until Buzzards Bay Recreation Area appears on the left, at the foot of the Railroad Bridge.
- The entrance to the parking lot is the last left before the set of lights at Academy Drive for the Mass. Maritime Academy. Look for the gazebo and Victorian "train station" style building that houses the Chamber of Commerce.
- Park your car and walk to the Canal. Turn left onto the access road. You will see the tents on the left.

From PROVIDENCE, RI:

- Take 1-195 North to 25 E (Cape Cod and Islands) Take 25 East to Exit 2 (follow signs for Mass Maritime Academy) Enter the Bourne Bridge Rotary off Exit 2 and Drive along the Canal on Rte. 6 West into the Bourne Bridge Rotary
- Exit off the rotary onto Main Street (just past the Job Lot & Dunkin' Donuts parking lot (sign says "Main Street / Buzzards Bay"))
- Follow Main Street West for one mile until Buzzards Bay Recreation Area appears on the left, at the foot of the Railroad Bridge.
- The entrance to the parking lot is the last left before the set of lights at Academy Drive for the Mass. Maritime Academy. Look for the gazebo and Victorian "train station" style building that houses the Chamber of Commerce.
- Park your car and walk to the Canal. Turn left onto the access road. You will see the tents on the left.